

District Wellness Policy Annual Progress Report 2019

School District: Greenville

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| Wellness Policy Components | Fully in Place | Partially in Place | Not in Place | Steps to implement, challenges/barriers | Data sources for monitoring; Next steps for full implementation/expansion |
|---|----------------|--------------------|--------------|---|---|
| District Wellness Committee/Coordinated District Health Advisory Council | | | | | |
| Policy Leadership | | | | | |
| 1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (PO-3) | X | | | | Coordinated School Health Advisory Council (CSHAC) |
| Public Involvement | | | | | |
| 2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy. | X | | | | CSHAC holds quarterly meetings. |
| 3. To the extent possible, Committee includes parents/legal guardians, students, representatives of district nutrition services, physical education teachers, school health professionals, the school board, school administrators, and the general public. (PO-3) | X | | | | CSHAC consists of 2 School Board members; 2 parents; 6 school representatives; 4 additional district staff; 4-6 community members; and 2 students. |
| School Meals | | | | | |
| 4. Schools will not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools will not withhold foods or beverages for punishment. Teachers are provided with a list of alternative ideas for behavior management. (NS-10) | | X | | | Although it is not specified in regulation 2010.31 – Local School Wellness Policy, nor is it included in our LWP, we have recommended to all schools not to use food as a reward or punishment. |

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| 5. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11) | X | | | | GCSD Board Policy |
| Foods Sold Outside of School Meals Program (Competitive Foods and Beverages) | | | | | |
| 6. Foods and beverages sold outside of the school meal programs (e.g., "competitive" foods and beverages) will meet the USDA Smart Snacks in School nutrition standards (SS-1, SS-2) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |
| 7. Standards established for foods provided but not sold (e.g., class parties, class snacks), during the school day on school campuses (SS-4) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |
| Food and Beverage Marketing | | | | | |
| 8. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |
| District Goals for Health & Wellness | | | | | |
| Nutrition Education | | | | | |
| 10. Schools will provide nutrition education and engage in nutrition promotion that fulfills the criteria identified in the district LWP.(NS-8, NS-12, HPE-11) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |

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| Nutrition Promotion | | | | | |
| 11. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and the community. (NS-5, NS-8, NS-9) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |
| 12. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards.(NS-5, SS-3) | X | | | | Specified in GCSD current Wellness Policy under Nutrition Education |
| Physical Activity | | | | | |
| 13. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff involvement; and family and community engagement, that are in addition to, and not a substitute for, quality physical education. (PO-8, PA-4, PA-3, PA-2) | X | | | | Specified in GCSD current Wellness Policy under Physical Education |
| 14. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment for any reason. (PA-6, PA-7 ES) | X | | | | GCSD Board Policy |

| Physical Education | | | | | |
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| 15. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE.(HPE-3) | X | | | | Specified in GCSD current Wellness Policy under Physical Education |
| 16. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary. | X | | | | Specified in GCSD current Wellness Policy under Physical Education |
| Update/Inform the Public | | | | | |
| 17. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy. (IPO-3) | X | | | | Detailed in District Strategic Education Plan |
| 18. Every three years, the district assesses compliance with the policy, how it compares to published state and federal model wellness policies and the district's progress in attaining the goals of the policy. Results and policy modifications, as needed, will be made public. IPO-3) | | X | | | In progress, scheduled for completion during 19-20 SY |
| 19. Records will be maintained to document compliance with the requirements of the wellness policy including items 12, 13, 14 and 15 above. | X | | | | Individual District Departments to maintain compliance documents |

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| Other School Based Strategies for Wellness | | | | | |
| 20. SFAs must include, a minimum, one goals for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below.) | X | | | | District Strategic Education Plan |
| Optional Goals | | | | | |
| Decrease the ratio of students to school counselors in elementary schools | | X | | | District Strategic Education Plan |
| Increase opportunities for physical activity throughout the school day to include learning through movement and active brain breaks | | X | | | District Strategic Education Plan |
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| Success/Updates/Activities/Events: | | | | | |

LWP Annual Progress Report

Healthier Generation Items addressing USDA LWP requirements and SCSBA Model LWP

PO-3. Local wellness

policies:

Has your school implemented the following components of the local education agency's (LEA) or district's local school wellness policy?

Specific goals for nutrition education and promotion activities

Specific goals for physical activity opportunities

Specific goals for other school-based activities that promote student wellness

Nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and

Smart Snacks in School

Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents)

Policies for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the **school campus** during the school day.

Permit parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the local school wellness policy

Identified one or more school district and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy

Informed and updated the public (including parents, students, and others in the community) about the local school wellness policy on an annual basis

At least once every three years, measure:

The extent to which schools are in compliance with the local school wellness policy,

The extent to which the local education agency's local wellness policy compares to model local school wellness policies, and

The progress made in attaining the goals of the local wellness policy, and made this assessment available to the public.

PO-8. Family engagement in school decision making:

NS-5. Promote healthy food and beverage choices using marketing & merchandising techniques:

NS-8. Collaboration between nutrition services staff members and teachers*

NS-9. Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus

NS-10. Prohibit using food as reward or punishment*

NS-11. Adequate time to eat school meals

NS-12. Farm to School activities:

SS-1. All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards:

SS-2. All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards:

SS-3. Food and beverage marketing:

SS-4. All foods & beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards:

HPE-3. Sequential physical education curriculum consistent with standards*

HPE-11. Essential topics on healthy eating

PA-2. Availability of physical activity breaks in classrooms:

PA-3. Promotion or support of walking and bicycling to school:

PA-4. Availability of before and after school physical activity opportunities:

PA-6. Prohibit using physical activity as punishment:

PA-7. Prohibit w/holding recess as punishment (ES only)*

*Included in SCSBA Model LWP

PO (Policy & Environment); **NS** (Nutrition Services); **SS** (Smart Snacks); **HPE** (Health & Physical Education); **PA** (Physical Activity)