October 2021

Elementary School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza BBQ Roasted Chicken Salad Bar Steamed Green Beans Fresh Fruit Chocolate Milk White Milk
4 Classic Grilled Cheese Sandwich Cheeseburger Tomato Basil Soup Salad Bar Steamed Peas & Carrots Fresh Fruit Chocolate Milk White Milk	5 Tater Tot Nacho Bar Seasoned Chicken Taco Beef Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	6 Teriyaki Chicken General Tso's Chicken Fried Rice Salad Bar Steamed Broccoli Fresh Fruit Chocolate Milk White Milk	7 Brunch Bar Biscuit Country Gravy Pork Sausage Patty Western Omelet Fresh Fruit Potatoes O'Brien Baby Carrots with Dip Chocolate Milk White Milk	8 Pizza Oven Roasted Chicken Salad Bar Steamed Green Beans Fresh Fruit Chocolate Milk White Milk
11 Fiona's Baked Penne Pie Meatball Sub Salad Bar Steamed Peas & Carrots Fresh Fruit Chocolate Milk White Milk	12 Nacho Bar Seasoned Chicken Taco Beef Fruit and Vegetable Bar Chocolate Milk White Milk	13 Chicken Pot Pie Crispy Chicken Sandwich Salad Bar Steamed Broccoli Fresh Fruit Chocolate Milk White Milk	14 Three Bean Chili Bowl BBQ Roasted Chicken Whole Grain Roll Glazed Carrots Steamed Corn Fresh Fruit Chocolate Milk White Milk	15 Pizza Breaded Chicken Breast Bites Salad Bar Steamed Green Beans Fresh Fruit Chocolate Milk White Milk
18 **NO SCHOOL**	19 **NO SCHOOL**	20 Baked Potato Three Bean Chili Bowl Alaskan Pollock Fish Sticks Salad Bar Steamed Broccoli Fresh Fruit Chocolate Milk White Milk	21 Roast Turkey with Gravy Meatloaf Whole Grain Roll Mashed Potatoes Glazed Carrots Fresh Fruit Chocolate Milk White Milk	22 Pizza BBQ Roasted Chicken Salad Bar Steamed Green Beans Fresh Fruit Chocolate Milk White Milk
25 Classic Grilled Cheese Sandwich Cheeseburger Tomato Basil Soup Salad Bar Steamed Peas & Carrots Fresh Fruit Chocolate Milk White Milk	26 Tater Tot Nacho Bar Seasoned Chicken Taco Beef Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	27 Teriyaki Chicken General Tso's Chicken Fried Rice Salad Bar Steamed Broccoli Fresh Fruit Chocolate Milk White Milk	28 Brunch Bar Biscuit Country Gravy Pork Sausage Patty Western Omelet Fresh Fruit Potatoes O'Brien Baby Carrots with Dip Chocolate Milk White Milk	29 Pizza Oven Roasted Chicken Salad Bar Steamed Green Beans Fresh Fruit Chocolate Milk White Milk

Additional Nutrient Information

Offered Daily

Vegetarian Entree A

Yogurt, Cheese Stick, Roll

Monday/ Wednesday/ Friday

Salad Bar

Tuesday

Fresh Fruit and Vegetable Bar

This institution is an equal opportunity provider.